

Burmantofts Senior Action Activities 2017

	ACTIVITY	INFORMATION
MONDAY	BSA Lunch Club Small Hall St Agnes' Church Hall	Two course meal for £4.20 bingo (extra cost) 11.30am-1.30pm Transport may be available
TUESDAY	Chair Based Exercise Small Hall St Agnes' Church Hall	Come and join in the fun—gentle exercise to kick start the fit you! Cost £3.00 10.30-11.30am
WEDNESDAY	Ebor Gardens Lunch Club Small Hall St Agnes' Church Hall	Two course meal for £7.20 bingo & raffle (extra cost) 11.30am-1.30pm Transport may be available
THURSDAY	Stroke Club The Anchorage Coronation Parade LS15 0AY	Alternate Thursday's A social group for people who have suffered a stroke. Organised activities, trips etc. 2-4pm
THURSDAY	Friendship Group Various Venues Contact BSA	Make new friends, have a chat and enjoy regular outings and activities Contact BSA for timetable
FRIDAY	Variety of Life Group St Stephens Room St Agnes' Church Hall	Make new friends, have a chat and enjoy various activities such as arts & crafts, trips etc. 10am-12noon