

## OUR MISSION STATEMENT

Burmantofts Senior Action CIO aims to help and support older people in this community.

Our concern is to enhance the quality of people's lives, enabling them to live independently in their own homes.

## AIMS & OBJECTIVES

Within the defined area covered by Burmantofts Senior Action

### **Our aims are:-**

- To identify and support older people to live independently at home.
- To try to improve the environment where older people live.
- To relieve isolation and loneliness

## OUR ADDRESS AND TELEPHONE NUMBER

Burmantofts Senior Action

St Agnes Church Hall  
25 Shakespeare Close  
LEEDS LS9 7UQ

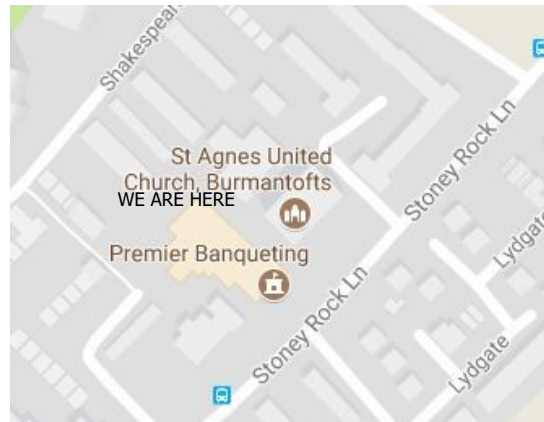
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Find us behind St Agnes' Church on  
Stoney Rock Lane

# Burmantofts Senior Action



Activities and Services  
For People Over 60 In  
The Burmantofts Area

**Burmantofts Senior Action CIO**

Charity Reg. No. 1175661

## OUR ACTIVITIES

### Luncheon Club

A two course meal and a game of Bingo every Monday and Wednesday at St Agnes Church Hall.

### Chair Based Exercise

Tuesday 10.30am-11.30am  
St Agnes Church Hall

### Friendship Group

Thursday 1.30pm-3pm  
St Agnes Church Hall

### Variety of Life Group

Friday 10.00am-12.00pm  
St Agnes Church Hall

### Activities & Events

A variety of social activities, trips, ad hoc groups, classes and outings are arranged throughout the year.

**For more details about our activities please ring or call into the BSA office**

## OUR SERVICES

### **Home Visits & Assessments**

### **Information, Referrals & Sign-Posting**

On or to appropriate organisations

### **Internet Access**

### **Friendly Visiting**

For anyone who is feeling lonely and would benefit from a kind listening ear and a chat on a regular basis

### **Escort/Chaperone**

For local hospital visits/local GP's or to our activities **may be possible**

### **Gardening**

Help towards the cost of a tidy up twice a year

### **Winter Warmth**

Practical help to keep warm all year round. Thermal underwear and various other items at subsidised prices

**For more information about our services please ring or call into the BSA office**

## VOLUNTEERS

All our activities and services involve a team of volunteer helpers. Many are local people aged over 60. **We need more pairs of hands,** so if you can spare the time, contact us at Burmantofts Senior Action.

## OUR STAFF & MANAGEMENT TEAM

Melanie Ndzinga  
**Project Manager**

Sheila Davenport  
**Volunteer/Activities Coordinator**

Stacey Battle  
**Outreach Worker**

Julie Lofthouse  
**Community Support Worker**

We are managed by a board of Trustees with the support of the community forum