

OUR MISSION STATEMENT

Burmantofts Senior Action CIO aims to help and support older people in this community.

Our concern is to enhance the quality of people's lives, enabling them to live independently in their own homes.

AIMS & OBJECTIVES

Within the defined area covered by Burmantofts Senior Action

Our aims are:-

- To identify and support older people to live independently at home.
- To try to improve the environment where older people live.
- To relieve isolation and loneliness

OUR ADDRESS AND TELEPHONE NUMBER

Burmantofts Senior Action
Lower Ground Floor
75A Stoney Rock Lane
Leeds
LS9 7TB

Telephone: 0113 2489191

Follow us on
[twitter](#)

Find us on
[Facebook](#)

E-mail: info@bsaleeds.org.uk

Web: www.bsaleeds.org.uk

Find us below The Anglers Club on
Stoney Rock Lane

Burmantofts Senior Action



Activities and Services
For People Over 60 In
The Burmantofts Area

Burmantofts Senior Action CIO

Charity Reg. No. 1175661

OUR ACTIVITIES

Luncheon Club

A two course meal and a game of Bingo every Monday and Wednesday at The Anglers Club.
Monday & Wednesday
11.30-1.30pm

Chair Based Exercise

Tuesday 10.30am-11.30am
Activity Room

Friendship Group

Thursday 1.30pm-3pm
Activity Room

Art Class

Friday 10.00am-12.00pm
Activity Room

Blokes & Banter

Come along to our men's group for the over 60's.
Chat, have a drink, partake in Snooker, Darts, Bowling, Dominoes, Cards etc.
Friday 1-3pm
Anglers club, games room
Stoney Rock Lane

Activities & Events

A variety of social activities, trips, ad hoc groups, classes and outings are arranged throughout the year

OUR SERVICES

Home Visits & Assessments

Information, Referrals & Sign-Posting

On or to appropriate organisations

Internet Access

Friendly Visiting

For anyone who is feeling lonely and would benefit from a kind listening ear and a chat on a regular basis

Escort/Chaperone

For local hospital visits/local GP's or to our activities **may be possible**

Gardening

Help towards the cost of a tidy up twice a year

Winter Warmth

Practical help to keep warm all year round. Thermal underwear and various other items at subsidised prices

For more information about our services please ring or call into the BSA office

VOLUNTEERS

All our activities and services involve a team of volunteer helpers. Many are local people aged over 60. **We need more pairs of hands,** so if you can spare the time, contact us at Burmantofts Senior Action.

OUR STAFF & MANAGEMENT TEAM

Tracey Brierley
Scheme Manager

Sheila Davenport
Volunteer/Activities Coordinator

Stacey Battle
Outreach Worker

Julie Lofthouse
Community Support Worker

We are managed by a board of Trustees with the support of community forum members