

## **OUR MISSION STATEMENT**

Burmantofts Senior Action (BSA) CIO is part of the Neighbourhood Network schemes primarily funded by Leeds City Council. BSA's mission is to enhance the lives of older age people (60+) in and around LS9 East Leeds.

BSA has a focus on improving the quality of peoples' lives by helping them to live independently in their own homes, reduce social isolation and loneliness and assist with individual support which could include help with benefits, travel passes, promoting healthy life choices, housing, utility advice and more.

We celebrate the individual, what they have achieved in life and what they still want to achieve now, we aim to support participants to be valued members of the local community.

## **AIMS & OBJECTIVES**

### **Our aims are:**

- Identify gaps in provisions for support.
- Work with partner organisations.
- Be a friendly place for local people to visit.
- Support older people to live independently.
- Reduce the burden on NHS services.
- Improve the area for older people to live in.
- Promote social inclusion for all communities.
- Relieve social isolation and loneliness.
- Champion the wishes of older age people.

## **OUR ADDRESS AND TELEPHONE NUMBER**

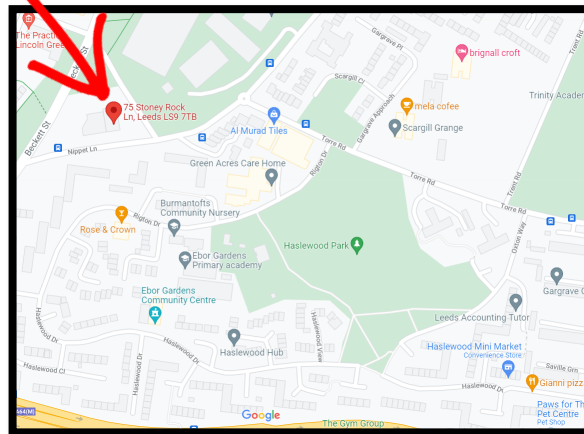
Burmantofts Senior Action  
Lower Ground Floor  
75A Stoney Rock Lane  
Leeds  
LS9 7TB

Telephone: 0113 2489191  
lines open 10 till 2 Monday to Friday

E-mail: [info@bsaleeds.org.uk](mailto:info@bsaleeds.org.uk)

Web: [www.bsaleeds.org.uk](http://www.bsaleeds.org.uk)

### **Where are the BSA offices?**



Find us **below The Anglers Club**

# **Burmantofts Senior Action**



**Activities and Services  
For People Over 60 In  
The Burmantofts Area**



Search Burmantofts Senior Action

**Burmantofts Senior Action CIO**  
Charity Reg. No. 1175661

## **OUR ACTIVITIES**

### **Wednesday Lunch Club**

A light lunch of soup, sandwich and yummy dessert for only £2.50 - once a month we have a different treat menu cooked by a local chef.

@ Anglers Club.

**11.30-1.30pm**

Meal £2.50

Bingo 40p per book.

### **Line Dancing**

Wednesday **2:30pm till 3:30pm**

@ Anglers Club Main Room

Join our professional tutor and our amazing line dancers. Suitable for all levels, from beginner to more advance.  
£4.00 per session.

### **Arts & Crafts Friday**

**10:15am to 12:00pm**

@ BSA Activity Room

£1.00 per session.

### **Drop in Advice Sessions**

BSA Offices

Wednesday 10:00am till 12:00pm

Come in to see our Outreach Worker and get help on any topic you need, from bills to benefits, health advice and more, we are here to help.

### **Men's Group**

Come along to our men's group for the over 60's.

Chat, have a drink, partake in Snooker, Darts, Bowling, Dominoes, Cards etc.

**Contact the office for details.**

## **OUR SERVICES**

**DURING THE YEAR WE HAVE SOCIAL ACTIVITIES, TRIPS, SPECIAL EVENTS and MORE.**

**Contact us for more information.**

**0113 248 9191**

**Home Visits & Assessments**

**Information, Referrals & Sign-Posting**

On or to appropriate organisations

**Internet Access & Digital Support + Equipment Loaning Scheme**

**Friendly Visiting**

For anyone who is feeling lonely and would benefit from a kind listening ear and a chat on a regular basis

**Wellbeing**

Helping with keeping fit and healthy at home, hospital stays and return home, practical help to keep warm all year round.

## **VOLUNTEERS**

All our activities and services involve a team of volunteer helpers. Many are local people aged over 60.

**We need more pairs of hands,** so if you can spare the time, contact us at Burmantofts Senior Action.

## **OUR STAFF & MANAGEMENT TEAM**

Tom

**Project Manager**

Sheila

**Volunteer/Activities Coordinator**

Emma

**Wellbeing Worker**

Maxine

**Project Administrator**

We are managed by a board of Trustees with the support of community forum members. Chair of Trustees Councillor Denise Ragan.