

Burmantofts

COMMUNITY FRIENDS

Supporting over 55's with social opportunities and community care

Member Update February 2024



Search [Burmantofts Community Friends](#)

A Word from The Chair

Denise Ragan



Dear BCF Members,

I wish you all a happy 2024 and look forward to seeing you at our events and trips this year., it's been pretty rainy and windy so far, let's hope for some sunshine.

I'd like to highlight the amazing news the National Lottery Reaching Communities team have kindly agreed to fund BCF for 4 years - this is thanks to 6-months of work from Tom and the Trustees and puts BCF on a level we've not reached before. This funding will pay for staff members on a project to engage and improve our volunteering options and engagement for different parts of the Burmantofts community. Thank you to Jenny and Vanessa from Reaching Communities for believing in us. I do hope you can join us for the celebration event (see page 20).

My thanks, as always go to the full staff team and all our brilliant volunteers for their efforts, this newsletter is proof of their efforts and is jam packed with fun things for you all to attend, alongside our wellbeing services, the team are working hard to support you all.

Finally, please do note the changes to our weekly schedule, we now have more weekly activities for you all to try. Thank you all for the continued support,, onwards and upwards as they say.

Kind regards,

Denise Ragan, Chair of BCF.

LEEDS QUIZ!

1

St James's University Hospital is also known as?

2

Middleton is also known as?

3

Which popular soap is filmed at studios on Burley Road?

4

In 1944 the famous board game Cluedo was made by which Leeds game company?

5

Which famous Leeds United player has a statue outside Elland Road stadium?

6

What do owt and nowt mean?

7

The famous Leeds Rhinos mascot is called?

8

Talking Heads was written by which Armley born playwright?



Contact us on
0113 248 9191
info@bsaleeds.org.uk

Tom - Chief Executive Officer

Tom has overall responsibility for managing BCF and works closely with the Chair and Trustees to carry out our work and support services.

Sheila - Service Coordinator

Sheila manages our amazing trips, events and activities., ensuring you all have lots of different and fun things to enjoy and take part in.

Gabby - Project Administrator

Gabby looks after the offices, making sure everyone gets a warm and friendly welcome and she always has the kettle and biscuits ready.

Kelly - Outreach/Digital Engagement Worker

Kelly runs our support appointments, helping with bills and benefits, offering home visits and support on digital projects, and technology.

Wellbeing Worker

Sadly Emma has moved on with our best wishes but we'll be recruiting a new Wellbeing Worker soon. Watch this space for details.

Devi - Volunteer Coordinator

Devi is on hand to support all our wonderful volunteers, making sure they have meaningful opportunities and feel involved/supported whilst at BCF.

Community Worker - COMING SOON

A new role for BCF and all thanks to our National Lottery funding.

Kelly - Food Educator /Cook

You'll know Kelly from her volunteering, she's now joined the team, running our kitchen and food based events. She's cool as a cucumber.

John - Finance Officer

John does all the magic with the numbers and important looking graphs..



M&S ARCHIVES - LEEDS UNIVERSITY

COME ALONG AND JOIN US AS WE EXPLORE THE
EXHIBITION AT THE M&S ARCHIVES



THURSDAY 29TH FEBRUARY 2024
TRANSPORT PROVIDED £4 PER PERSON

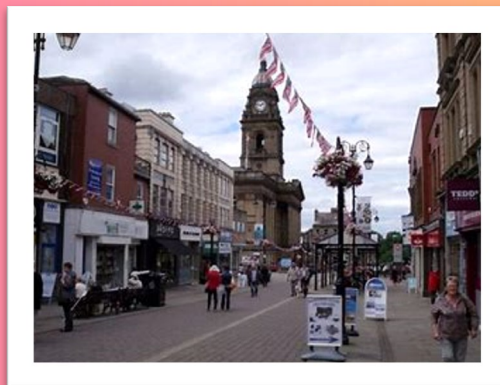
PLEASE NOTE PAYMENT REQUIRED ON BOOKING AND
TIMES FOR PICK UP WILL ALSO BE PROVIDED ON BOOKING



CONTACT THE OFFICE TO BOOK 0113 248 9191

TO VIEW THE M&S ARCHIVES WEBSITE SCAN THE BAR CODE

MORLEY MARKET



THURSDAY 14TH MARCH 2024

TRANSPORT PROVIDED £5 PER PERSON

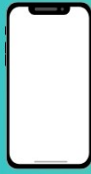


CONTACT THE OFFICE TO BOOK 0113 248 9191
PLEASE NOTE PAYMENT REQUIRED ON BOOKING





ROAMING WITH BCF



BCF OUTREACH & DIGITAL SUPPORT IS GOING ON TOUR!

We are excited to announced that with have partnered up with Mike and the team from Clarion Futures to offer outreach and digital drop in sessions at various locations around the Burmatofts area.



TEA, COFFEE AND BISCUITS WILL BE PROVIDED!



We will be coming to a place near you!

Over the next 8 months we will be holding sessions across various locations around the area. We will be able to support you with setting up devices, getting online, accessing the national data bank, supporting with paying bills online, reporting repairs and applying for benefits and much more.

Watch out on our social channels for dates and venues to be announced SOON!

Contact Kelly @ the bcf offices for more info

0113 248 9191



HAPPY EASTER

EASTER CELEBRATIONS
WEDNESDAY 27TH MARCH
£4 PER PERSON
ANGLERS CLUB, STONEY ROCK LANE.

CONTACT THE BCF OFFICE TO BOOK ON 0113 248 91 91

BINGO BASH

Come along and join us for an afternoon of friendship, food and bingo.

Cash prizes to be won
£6 per person

Thursday 4th April @St Agnes Church Hall

Contact the BCF office to book 0113 248 9191

NEW

**At Stoney Rock Court,
every Tuesday.**

All BCF members welcome!

Need help finding Stoney Rock, BCF will help.



Fitness group



Come and join our lovely tutor susan in some gentle seated exercises for flexibility, joint pain and everyday living.

Every Tuesday between 10:15am-11:15pm

£2.50 PER PERSON

Stoney Rock Court, Leeds LS9 7HT



LIGHT LUNCH & BINGO



Come along and join us as we host a **NEW** light lunch and bingo

Every Tuesday at Stoney Rock Court.



Every Tuesday between 12pm-1:30pm at Stoney Rock Court, LS9 7HT.

£3.00 per person 50 per bingo book .

BCF Members Gallery



**Tea with the
Lord Mayor**



Digital Dress Up

**Leeds Refugee
Event**



**International Day
of Older People**



**Annual
General
Meeting**





Christmas Party

**Bingo
Bash**



**Digital Film
Celebration
Event**



**See more pictures on
our Facebook Page**

NEW

WEEKLY ACTIVITIES

Please call the office for more details - 0113

MONDAY

Breakfast & Browsers

Starts 10.00am

Finishes 12:00pm

Cost from £1.50

@ BCF Offices



TUESDAY

Drop in Advice and IT Session

Starts 10.00am

Finishes 2.00pm

Cost FREE

@ BCF Office



WEDNESDAY

Warm Lunch

Starts 11:30am

Finishes 1:30pm

Cost £3.50 -

@ Anglers C



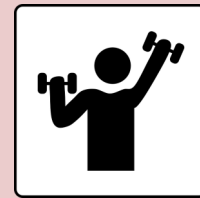
Fitness Group

Starts 10:15am

Finishes 11:15am

Cost £2.50

@ BCF Office



Line Dancing

Starts 2:00pm

Finishes 3:30pm

Cost £4.50

@ Anglers C



Lunch Club Soup & Sandwich

Starts 11:30am

Finishes 1:30pm

Cost £3.00 + bingo charge

@ Stoney Rock Court



NHS Commun

Starts 1:30pm

Finishes 3:30pm

Cost FREE

@ BCF Office

Home Visits - Friday between 10am and 2pm by appointment

Whilst we encourage everyone to visit the BCF offices, we understand sometimes this is not possible and we do offer home visits. On a home visit we can help by listening and looking at areas we can work with you. To book your appointment call the BCF office and speak to a member of the team.

S @ BCF - join us



248 9191 or email info@burmantofts.org.uk

WEDNESDAY

Club

10am

10pm

+ bingo charge

Club Games Room



10am

10pm

Club Main Room

Community Health Hub

10am

10pm



ment

stand

home visit,
you. To book
the team.

THURSDAY

Cooking Club



Learn new and exciting recipes in the company of friends and with our resident foodie Kelly the Cook, then this is the group for you. Cost: £4 Check with office for dates.

Trips & Events

BCF hosts regular trips and events on Thursdays, contact the office for more details, costs, and how to book.

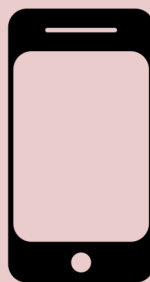
Roaming IT Support

Starts 10:00am

Finishes 12:00pm

Cost FREE

@ various locations



FRIDAY

Arts & Crafts Group

Starts 10:00am

Finishes 12noon

Cost £1

@ BCF Office



**Want to join us but it's your first time?
Don't worry we will make sure you get a warm
welcome, Just call the office and have a chat with a
member of the team, and we can answer any
questions you may have and support you to come
along, and make new friends.**

HEARING AID CLINIC

**Burmantofts Community Friends
75b Stoney Rock Lane
LS9 7TB**

**We can help with re-tubing,
batteries and hearing aid advice
for people with hearing aids
from NHS Leeds Teaching
Hospital only.**

**Tuesday 20th February 2024
Tuesday 21st May 2024
Tuesday 20th August 2024
Tuesday 19th November 2024**

10:00am till 12:00pm

**Contact us for
further information
Tel 0113 288 5750
Mobile 07809 200309
Email**

Leedsinfo@bid.org.uk



Leeds Sensory Services,
Gallery House, 5th Floor,
123 - 131 Headrow, Leeds, LS1 5RD.

Email leedsinfo@bid.org.uk

Website: www.bid.org.uk/leeds

A charity promoting choice and independence.

Registered in England Charity No. 1053184



We are on social media!
Look for BID Leeds and BID Services





IN PARTNERSHIP WITH NHS COMMUNITY HEALTHCARE AND SELF-MANAGEMENT TEAM



**NHS PROFESSIONALS WILL BE
CONDUCTING THEIR ROUTINE
CHECKUP'S AT BCF**




**DROP-IN SERVICE WILL ALSO BE
AVAILABLE FOR BCF MEMBERS**



**HELP WITH QUESTIONS AND
QUERIES ON HEALTHCARE
NEEDS AND SUPPORT**



**EVERY
WEDNESDAY
AT BCF OFFICE
FROM 1:30pm
to 3:30pm** 

PLEASE NOTE



*SOME MEDICAL ASSISTANCE WILL BE ONLY
AVAILABLE TO PEOPLE ON THE REFERRAL, HOWEVER
EVERY EFFORT WILL BE MADE TO SIGNPOST OR GIVE
APPROPRIATE ADVICE*



**For details, contact the BCF office at
01132489191**

JOIN US

BCF



WEEKLY EVENTS



BREAKFAST AND BROWSER GROUP - Come along and join us for a Hot Sarny and a Cuppa as we learn basic digital skills. 10-12pm Anglers club for £1.50



GENTLE EXERCISE CLASS - come along and join our lovely tutor Susan for some seated gentle exercises at Stoney Rock Court from 11am

LIGHT LUNCH - Join us for a light lunch every Tuesday at Stoney Rock Court from 12:00pm



HOT LUNCH - Come and join us for a hot meal and some bingo every Wednesday @The Anglers club. £4 per person please book the week before at the office.

LINE DANCING - get your Yeehaw on with tutor Pat for some line dancing fun. Suitable for all abilities. £4.50 per session, includes refreshments.



TRIPS & EVENTS

ROAMING WITH BSA - New project offering digital and outreach support at various locations - for dates and locations contact the bcf office.



NEW cooking club - contact the office for details.

ART CLUB - Are you feeling creative? Artistic? Or just enjoy a natter? Then this group is perfect for you. Every Friday @ the bcf offices 10am-12pm

Where to Find Us - Our Locations



1

**Anglers Club, 75 Stoney Rock Lane,
LS9 7TB**

2

**Stoney Rock Court, LS9 7HT - just off
Stoney Rock Lane**

3

**St Agnes Church, 23 Shakespeare
Close, LS9 7UQ**

GARFORTH MAIN STREET & CROSSGATES SHOPPING CENTRE



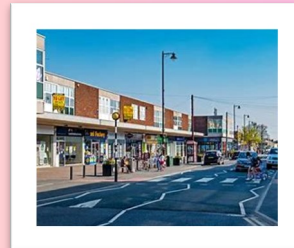
SHOPPING
DAY



Come and join us on a trip to Garforth main street and down to crossgates shopping centre.



Transport is provided £5 per person.
THURSDAY 11TH APRIL



PAYMENT REQUIRED ON BOOKING FOR THE TRIP

Please contact the BCF office to book 0113 248 9191

LEEDS DISCOVERY CENTRE

Come along and join us as we explore fascinating objects and unique storage at the Leeds Discovery Centre



LET'S GO

ADVENTURE

Thursday 9th May 2024



TRANSPORT PROVIDED £4 PER PERSON

Contact the office to book 0113 248 9191

Please note times for pick up will be given on booking and payment to be made when booking



Scan the QR code to view the discovery website



LYTHAM ST ANNES



COME AND JOIN US ON A DAY TRIP TO LYTHAM ST ANNES.

THURSDAY 23RD MAY 2024

£11.00 PER PERSON



TRANSPORT WITH ACCESSIBLE LIFT IS PROVIDED

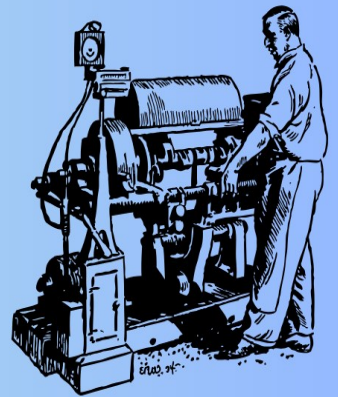
CONTACT THE OFFICE TO BOOK 0113 248 9191

PLEASE NOTE PAYMENTS ARE REQUIRED WHEN BOOKING TRIPS



BURTONS EVENT

GOOD MEMORIES



COME ALONG AND SHARE YOUR MEMORIES AND STORIES WITH US AT THE BURTONS MEMORY PROJECT, THIS EVENT WILL RUN AFTER OUR WEEKLY HOT LUNCH CLUB

Wednesday 20th March following lunch club.

FREE TO ATTEND

Anglers Club, Stoney Rock Lane.



Please contact the BCF office to book 0113 248 9191



FEEDBACK FROM OUR MEMBERS HOLIDAY LLANDUNDO 2023

"VERY NICE, GOOD ENJOYABLE".

LINDA

"GOOD, ENJOYED IT"

ELIZABETH

"EXCELLENT, EXCELLENT, EXCELLENT
SHEILA 12/10 DRIVER JAMIE 12/10"

Susan

"BRILLIANT".

Wendy

"FAB-U-LOUS" Shirley

"STAFF AND VOLUNTEERS 12/10"
PAT & PAULINE

"EXCELLENT"

"SECOND TO NONE
BIG THANKS TO EVERYONE"

"FANTASTIC, PLEASANT DRIVER".

SHIRLEY

"HOTEL & COACH Excellent,
Staff @ hotel friendly. BSA
(BCF) staff and volunteers are
fabulous"

MARY & MAUREEN

"BSA STAFF &
VOLUNTEERS
BRILLIANT,
12/10"
LYNDA & BETTY

MARGARET & MAUREEN

"EXCELLENT, HAD A
BRILLIANT TIME, CAN'T
WAIT FOR THE NEXT ONE"

Terry & Carol

"HOTEL FINE, STAFF &
VOLUNTEERS OKAY" Michaela
& Moria



NEW!

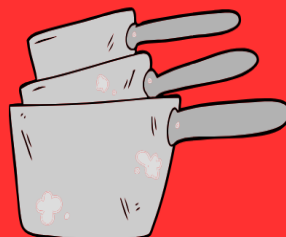
COOKING CLUB



JOIN OUR NEW FOOD CLUB RUN BY OUR LOVELY CHEF KELLY!

THIS IS AN EXCITING OPPORTUNITY TO LEARN SOME NEW SKILLS AND SHARE SOME OF YOUR OWN SECRET RECIPES.

REGISTER YOUR INTEREST AND WE WILL LET YOU KNOW WHEN THIS EXCITING NEW GROUP WILL START.



Contact the BCF office for more info 0113 248 9191

SHEILA'S WHEELS



EVENT	DATE	TIME	PRICE
BURTONS EVENT	20/03/24	FOLLOWING LUNCH CLUB.	FREE
M&S ARCHIVES LEEDS UNI	29/02/24	TO BE CONFIRMED WHEN BOOKING.	£4.00
EASTER CELEBRATION	27/03/24	11:30-1:30	£4.00
BINGO BASH	04/04/24	12PM-2PM	£6.00
MORLEY MARKET	14/03/24	TO BE CONFIRMED WHEN BOOKING.	£5.00
GARFORTH MAIN STREET & CROSSGATES	11/04/24	TO BE CONFIRMED WHEN BOOKING	£5.00
LEEDS DISCOVERY CENTRE	09/05/24	TO BE CONFIRMED WHEN BOOKING.	£4.00
LYTHAM ST ANNES	23/05/25	TO BE CONFIRMED WHEN BOOKING	£11.00

Important Information re Bookings

All event/trip bookings must be paid for in full to guarantee your place. We cannot hold places without payment as BCF needs to pay for coach hire, room hire, catering and other expenses. If a trip or event is fully booked, BCF will operate a waiting list and spaces offered on a first come/first served basis if they become available.

Thank you for your understanding and support.



THANK YOU



NATIONAL LOTTERY

For funding our project for 4 years, to celebrate we're having a party! A BIG party, it's free to attend and you're invited as our special guests.

Booking is essential for catering purpose.

Do let us know if you can make it and want to celebrate with us!



Thursday 16th May

Starts @ 11:00

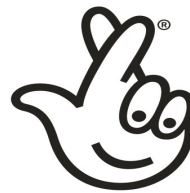
Finishes @ 14:00

Anglers Club

Cost: FREE

Booking Essential

- Live Entertainment
- Food and Refreshments
 - Special Guests
 - Fun and Games
 - Tom's Jokes



**COMMUNITY
FUND**



1 Jimmy's.

2 Miggy.

3 Emmerdale.

4 Waddingtons.

5 Billy Bremner.

6 Anything and nothing.

7 Ronnie the Rhino.

8 Alan Bennett.



CALLING ALL BCF MEMBERS!



JOIN US IN MAKING A DIFFERENCE BY VOLUNTEERING FOR OUR UPCOMING EVENTS.

Your passion and commitment can create a positive impact in our community. Embrace the spirit of giving—register today to be a part of something meaningful!



Contact Devi for further details,
volunteer@bsaleeds.org.uk
01132489191



Volunteer voice



In this edition of “BCF newsletter”, we shine a spotlight on the invaluable contribution of “**Kaptivating Kelly**” an integral part of BCF volunteer family. Kelly is now appointed as a part time BCF staff.

Discovering BCF: Kelly’s journey with BCF began through her mother Marie ,who is a volunteer and also encouraged a close friend, staff Kelly, she found her way into the heart of our community.

A Culinary companion: In her volunteer role, Kelly is the maestro behind the scenes, orchestrating breakfasts, lunches, buffets and special events .

Unveiling the unseen: When asked about any noteworthy experiences, Kelly shared her joy in receiving a hand-knitted chef figure from Brenda, a member and fellow volunteer.

The Heart of Volunteering: The real treasure for Kelly lies in the genuine connections she has forged. She cherishes the kindness and warmth exhibited by members, volunteers and staff alike.

The Pitch of Volunteering: When asked if she would recommend volunteering with BCF, Kelly resoundingly affirms. Describing it as “rewarding” with “lots of interesting and lovely people”, she invites others to join her fulfilling journey.

A Hidden Harmony: In a surprising revelation, Kelly discloses her love for singing , humbly acknowledging her skills might not match her passion.

BCF would like to thank the following partners for their support and funding:



Windmill Community Transport



Trinity Academy Leeds



Funded by

CLARION FUTURES



Leeds CITY COUNCIL



Sir George Martin Trust



Three.co.uk



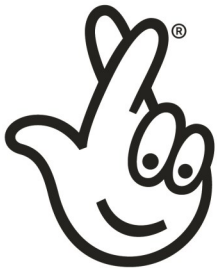
Wade's Charity

AT THE HEART OF LEEDS



Leeds

Community Foundation



COMMUNITY FUND



emmaus Leeds

working together to end homelessness



Enhance



Leeds Benevolent Society
for Single Ladies

100%
Digital
Leeds

Heartfelt thanks from everyone at Burmantofts Community Friends.

Your Local Councillors

Burmantofts & Richmond Hill Ward

Please get in touch if you need help or advice.



Councillor Asghar Khan

Phone: (0113) 378 8819

Email: asghar.khan@leeds.gov.uk

Mobile: 07761 230 027



Councillor Nkele Manaka

Phone: (0113) 378 8819

Email: nkele.manaka@leeds.gov.uk



Councillor Luke Farley

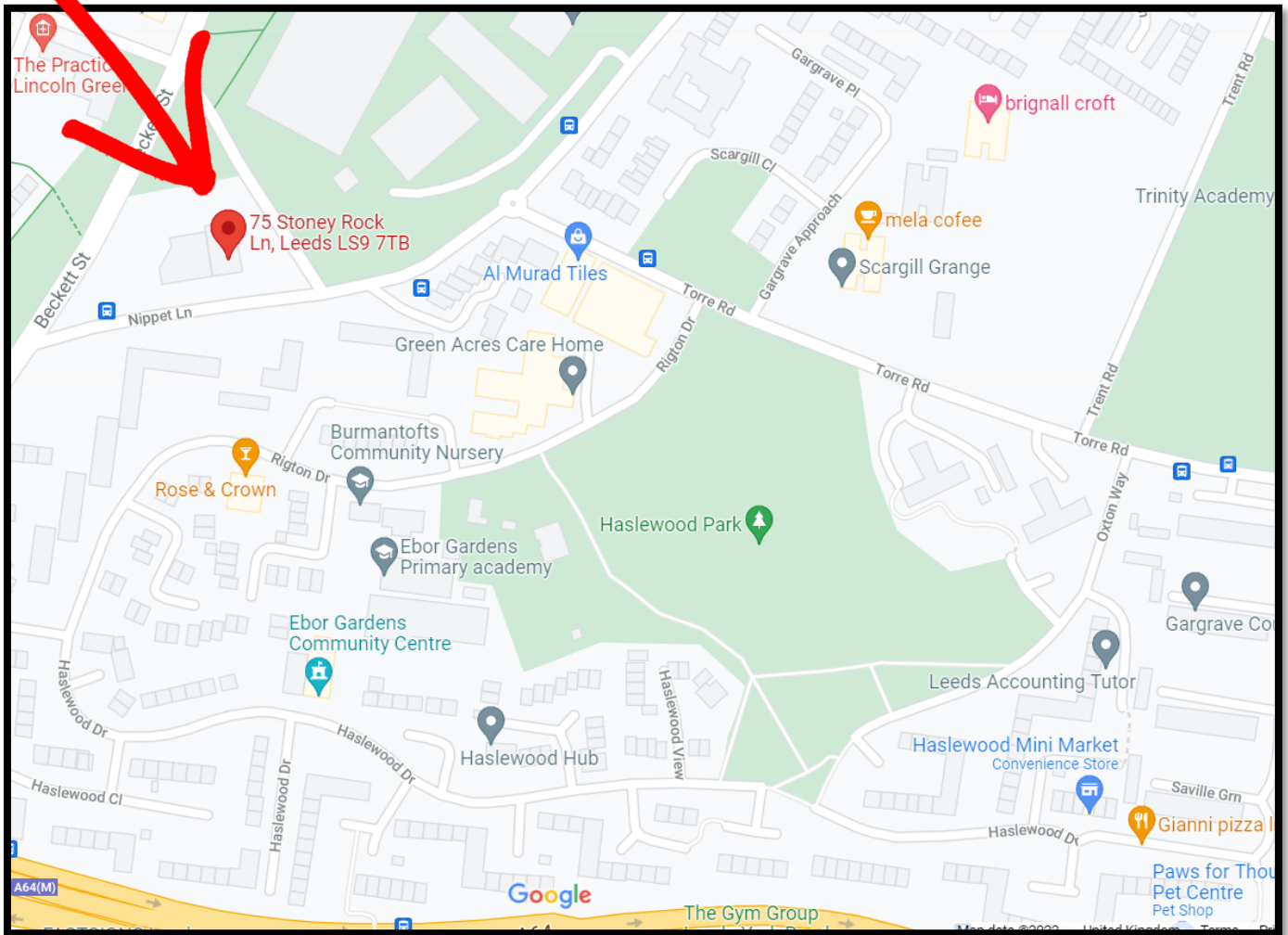
Phone: (0113) 378 8819

Email: luke.farley@leeds.gov.uk

Mobile: 07407 091 449

Regular councillor surgeries are held at The Vinery Centre, Leeds, LS9 9LR, St Vincents Centre, 4 Berking Avenue, Leeds, LS9 9LF, Burmantofts Community Hub, Rigton Lawn, Burmantofts, LS9 7QA . More information available here: <https://democracy.leeds.gov.uk/>

Where are the BCF offices?



Find us

Burmantofts Community Friends

Anglers Club

Lower Ground Floor

75B Stoney Rock Lane,

Leeds, LS9 7TB

Telephone: 0113 248 9191

Email: info@bsaleeds.org.uk

Burmantofts Community Friends is a working name of Burmantofts Senior Action.

CHARITY REGISTRATION NO:

1175661

The BCF offices are down the slope from the main Anglers Club entrance, follow the car park round. For easy access when walking we have a gate entrance opposite the office door.

Our office phone lines are open Monday to Friday **10 till 2.**

